



# 12TH ANNUAL CHARLOTTE COUNTY "FIT FOR LIFE" SENIOR GAMES



Hurry...Early Registration Deadline  
February 15, 2012

## Welcome to the 2012 Charlotte County "Fit For Life" Senior Games

Charlotte County 'Fit for Life' Senior Games provides a fulfilling and rewarding experience for all. Our Olympic-style events focus on athletic competition, camaraderie and recreational opportunities. These Games are Sanctioned by the Florida Sports Foundation and serve as a qualifier for the Florida Senior Games State Championships. Early Registration deadline is Wednesday, February 15, 2012 (Late registrations may not receive t-shirt).

### Eligibility

Open to amateur athletes, 50 years of age and over as of 12.31.12, regardless of residency.

### Age Divisions

Age divisions for single competitions are: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+. The youngest member of a doubles or team event will determine the age category they will participate in.

NOTE: on occasion older individual(s) may be grouped in a lower age division so that they may compete. If this individual

receives a medal in a lower age group, provision will be made to medal the next place finisher in the appropriate age group.

### Entry Fee

A one time registration fee of \$10 entitles each participant to a goodie bag and a souvenir t-shirt. There is a \$4 fee for each event. For example, if an athlete wants to participate in the 100 and 200 yard Freestyle swimming, the fee would be \$18. Entry fee is payable in advance, by check, cash, Visa or MasterCard. Checks are payable to BCC or Charlotte County Board of County Commissioners. Payment and completed entry forms can be brought to any Charlotte County Recreation Facility, or mailed to: Charlotte County Senior Games, Mid-County Regional Library, 2050 Forrest Nelson Boulevard, Port Charlotte, FL 33952.

### Refunds

**Entry fees are refundable only if an event is cancelled.** Participants must request a refund in writing.

### Facility Fees

An additional facility fee will be charged for the following events: bowling and golf. These fees are due the day of the event, at the designated facility.

### Awards

Gold, Silver and Bronze medals will be presented to the winners in each age division in each event. If you are unable to stay or do not receive your medal at the event, you may pick it up the week after the games at the Harold Avenue Recreation Center, 23400 Harold Avenue, Port Charlotte, FL 33980.

### Entry Deadline

THE DEADLINE FOR ENTRIES TO GUARANTEE A GAMES T-SHIRT AND GOODIE BAG IS FEBRUARY 15, 2012. Entries received after February 15 will be accepted up to the deadline in the event description and are still required to pay the \$10 registration fee as well as all event fees. Late entries may be accepted the day of the event with

completed registration forms (cash will not be accepted at event sites).

### Schedule/Time

### Conflicts

Game officials highly recommend that participants choose their events carefully so as not to create conflicts. Please note the schedule and location as events are spread throughout the County, with games in Englewood, Port Charlotte, and Punta Gorda. Keep in mind that the event directors reserve the right to combine, delay, postpone, or cancel any event due to uncontrollable events or inclement weather. Participants are required to check in 30 minutes prior to competition. Review the event schedule carefully to avoid conflicts. The duration of a competition will depend on the number of entries. Some competitions may extend more than one day. Tournament format for most of the competitions will be determined by the number of entries.

## Rules & Regulations

Competitions will be conducted in accordance with the Florida Senior Games State Championship "Rules of Competition" except as modified by Charlotte County "Fit for Life" Senior Games. Games organizers reserve the right to disqualify any player or spectator from further participation in the Charlotte County "Fit for Life" Senior Games for inappropriate conduct.

### PRE-GAMES GOODIE BAG PICK UP THURSDAY, MARCH 1

10:00 a.m. to 6:00 p.m.

Harold Avenue Recreation Center  
23400 Harold Avenue, Port Charlotte

# EVENT SCHEDULE

### 5K ROAD RACE—SATURDAY, FEB. 25

Check-In: 7:00 a.m. Race: 8:00 a.m.

Harbor Heights Park

27420 Voyageur Rd., Port Charlotte

Participants will receive their goodie bag/t-shirt day of race. Held in conjunction with the Harbor Heights 5K. All Athletes will start at the same time. All athletes must wear visible race number. Run will be governed by USTF Rules.

**Late Entry Deadline—2.25.12**

Director: Stafford Milligan (941.627.1074)

### HORSESHOES—FRIDAY, MARCH 2

Check-In: 8:30 a.m. Start: 9:00 a.m.

McGuire Park

32236 McGuire Ave., Port Charlotte

Players must bring their own shoes. Pool play within each age group. Within each pool a preliminary single round robin tournament using count all scoring and a 5 point bonus for each match won. At the conclusion of the preliminary round, the top 8 players will advance and play a single round robin championship.

Pitching Distances:

Women 50-74 - 30' minimum

Women 75+ - 20' minimum

Men 50-69 - 40' minimum

Men 70+ - 30' minimum

**Late Entry Deadline—2.20.12**

Director: Brittany Rainey (941.627.1074)

### TENNIS

#### SINGLES & MIXED DOUBLES

#### SATURDAY-SUNDAY, MAR. 3 & 4

#### DOUBLES SAT.-SUN., MAR. 10 & 11

Check-In: 8:30 a.m. Start 9:00 a.m.

Harold Avenue Recreation Center

23400 Harold Avenue, Port Charlotte

Players must provide their own racquet. The number of entrants will determine seeding and format. All matches will be conducted in accordance with US Tennis Association Rules. Players will be contacted with seeding information by Wednesday, February 28, 2012. PARTNER MUST BE NAMED DURING REGISTRATION FOR DOUBLES.

**Late Entry Deadline—Singles/Mixed 2.14.12**

**Doubles 2.21.12**

Director: Brittany Rainey/Tony Geraci  
(941.627.1074)

### CYCLING—SUNDAY, MARCH 4

Check-In: 8:30 a.m. Start: 9:00 a.m.

St. Paul Linear Park

9000 St. Paul Drive, Port Charlotte

Cyclists must provide their own bike and helmet (helmets are mandatory). Road or cross country bikes may be used for regular cycling events. No fairings are permitted. Starting times will be of equal intervals (1 minute or less). No allowances will be made for mishaps, mechanical or otherwise. All cycling events will be conducted in accordance with US Cycling Federation Rules.

**Late Entry Deadline—3.4.12**

Director: Tyne Gill (941.681.3742)

### SAILING—SUNDAY, MARCH 4

Check-In: 8:30 a.m. Start: 9:00 a.m.

South County Regional Park

Sailing Pond

670 Cooper St., Punta Gorda

Soling 1 Meter. Your own radio controlled model sailboat is required. AMYA Rules will apply.

**Late Entry Deadline—2.27.12**

Director: Mike Norton (941.627.1074)

### SWIMMING—MONDAY, MARCH 5

Check-In: 9:30 a.m. Start: 10:00 a.m.

South County Regional Park

670 Cooper St., Punta Gorda

See Entry Form for Event List and Order.

Heated outdoor 25 yard course with electronic timing. This competition is recognized by United States Masters Swimming and USMS Rules will be observed. Participants are strongly encouraged to compete in a maximum of 5 events. Swimming events are listed in order of competition.

**Late Entry Deadline—2.20.12**

Director: Marc Soloman (941.505.8686)

### GOLF—TUESDAY, MARCH 6

Check-In: 8:30 a.m. Start: 9:00 a.m.

Deep Creek Golf Course

1260 San Cristobal Ave., Port Charlotte

Tournament will be 18-hole medal play.

Handicaps are not used in scratch play. Golf cart use is mandatory and included in the fees. There is an additional fee of \$45 for this event. Groups MUST play in their own age group.

**Late Entry Deadline—2.20.12**

Director: Scott Geezil

941.681.3741

### TABLE TENNIS—TUESDAY, MARCH 6

Check-In: 8:30 a.m. Start: 9:00 a.m.

New Day Christian Church

20212 Peachland Blvd., Port Charlotte

Players must supply their own paddle. Double elimination tournament will be utilized in Single play. Play will be best of five games. Games are to 11 points. All matches will be conducted in accordance with US Table Tennis Association Rules. PARTNER MUST BE NAMED DURING REGISTRATION FOR DOUBLES.

**Late Entry Deadline—2.20.12**

Director: Brittany Rainey (941.627.1074)

### BOWLING

#### SINGLES—WEDNESDAY, MARCH 7

#### DOUBLES & MIXED DOUBLES—

#### FRIDAY, MARCH 9

Check-In: 8:30 a.m. Start: 9:00 a.m.

Bowland of Port Charlotte

3192 Harbor Blvd., Port Charlotte

Bowlers are encouraged to bring their own balls and shoes. However both are available at Bowland. Balls may be weighed prior to competition. The tournament will be based on scratch scores. Bowlers will be divided into squads by age division. The event director will assign bowling times and lanes. Bowlers will bowl three games with total pins determining score. United States Bowling Congress Rules apply. There is an additional \$8 facility fee payable to Bowland the day of the event to participate. PARTNER MUST BE NAMED DURING REGISTRATION FOR DOUBLES.

**Late Entry Deadline—2.27.12**

Director: Brittany Rainey (941.627.1074)



## ATHLETES CELEBRATION

Please join us in celebrating you!! We will be holding an Athletes Celebration on **Saturday, March 17 from 12:00-2:00 p.m.** at South County Regional Park Pool. There will be lunch and a pool party for all participants and guests. Cost for each participant is \$5 and \$10 per guest. On the day of the party, participants cost will be \$10 and \$15 per guest. Price includes food. Come on out and get to know all the competitors and staff of your 2012 Charlotte County "Fit for Life" Senior Games!!

The Charlotte County "Fit for Life" Senior Games  
is proudly presented by the  
Charlotte County Community Services Department

Interested in VOLUNTEERING?  
If you have a particular interest or just wish to lend a  
hand, please give us a call at 941.627.1074

### KIDS CAMP CONNECTION

Interested in giving back to your community?  
Optional \$1 Donation to support families in  
need who attend school break camps and  
swim lessons. Recipients are pre-qualified and  
must reside in Charlotte County.

#### **BILLIARDS—THURSDAY, MARCH 8**

Check-In: 11:30 p.m. Start: 12:00 p.m.  
Sports City Billiards  
4560 Tamiami Trail Unit #5, Port Charlotte  
Nine ball. Tournament will be conducted in  
accordance with the BCA rules.  
**Late Entry Deadline—2.20.12**  
Director: Brittany Rainey (941.627.1074)

#### **BOCCE—THURSDAY, MARCH 8**

Check-In: 8:30 a.m. Start: 9:00 a.m.  
Port Charlotte Beach Park  
4500 Harbor Blvd., Port Charlotte  
Games will be played in accordance with the  
USBF rules. Games will be formatted in  
accordance with the number of registered  
players. Teams will be paired on day of event.  
**Late Entry Deadline—2.25.12**  
Director: Neesha Sooknnanan (941.627.1628)

#### **TRACK & FIELD**

##### **SATURDAY, MARCH 10**

Check-In: 8:30 a.m. Start: 9:00 a.m.  
Charlotte High School  
1250 Cooper St, Punta Gorda  
All track events are timed finals. All field  
events will allow 4 attempts (no finals). A time  
schedule will be provided to participants via e-  
mail on Wednesday, March 7, 2012. Throwing  
implements will be available for use by  
competitors. All track and field events are  
governed by USATF Rules. The events will be  
run in the order listed for track and field  
respectively. Participants are limited six events  
and should take into consideration that events  
will be held concurrently. Time line for  
events will be available on 3.5.12.  
**Late Entry Deadline—2.27.12**  
Director: Jill Boyd (941.681.3741)

#### **AIR PISTOL—SUN. MARCH 11**

Check-In: 8:30 a.m. Start: 9:00 a.m.  
Major Terry Branscome Training Center  
2550 Airport Rd, Punta Gorda  
Precision air pistols with 0.177 pellets will be  
used. Bring your own air pistol if available. BB  
guns and CO2 pistols are not permitted.  
PARTNER MUST BE NAMED DURING  
REGISTRATION FOR DOUBLES.  
Phase I Familiarization: 10 shots at 10 meters.

Phase II Score: 10 shots at 10 meters. Official  
NRA 10 meters air pistol targets used in all  
phases. Safety glasses MUST be worn. Strict  
adherence to all safety rules required.  
**Late Entry Deadline—2.27.12**  
Director: Stafford Milligan (941.627.1074)

#### **SOFTBALL**

##### **MONDAY-TUESDAY, MARCH 12-13**

Check-In: TBD Start: TBD  
Carmalita Softball Complex  
6905 Florida St, Punta Gorda  
Team rosters limited to 22 players. Teams will  
abide by SPA playing rules.  
**Late Entry Deadline—2.27.12**  
Director: Brittany Rainey (941.627.1074)  
Contact Brittany for Team Entry Form

#### **DUPLICATE BRIDGE—WED., MAR. 14**

Check-In: 8:30 a.m. Start: 9:00 a.m.  
Charlotte Harbor Event Center  
75 Taylor Street, Punta Gorda  
**Late Entry Deadline—3.7.12**  
Director: Mary Chupak (941)575-1755

#### **BADMINTON—WED., MARCH 14**

Check-In: 8:30 a.m. Start: 9:00 a.m.  
Harold Avenue Recreation Center  
23400 Harold Avenue, Port Charlotte  
Tournament format will be single elimination  
with a consolation bracket for first round  
losers. All games will be to 21 points. Players  
must win by two points unless a player reaches  
30 points.  
**Late Entry Deadline—2.27.12**  
Director: Brittany Rainey (941.627.1074)

#### **SHUFFLEBOARD—THURS., MARCH 15**

Check-In: 8:30 a.m. Start: 9:00 a.m.  
Higgs Park  
150 Higgs Dr, Port Charlotte  
All matches consist of 16 frames - 8 on  
yellow and 8 on black. Highest score wins.  
In the event of a tie, 2 extra frames will be  
played until the tie is broken. All matches  
will be conducted in accordance with the  
official rules of the National Shuffleboard  
Association. Doubles partners may be  
mixed gender. Age division for doubles  
will be determined by age of youngest

player. PARTNER MUST BE NAMED  
DURING REGISTRATION FOR DOUBLES.  
**Late Entry Deadline—2.27.12**  
Director: Ron Reese (941.235.2153) &  
Mike Norton (941.627.1074)

#### **CORNHOLE—THURSDAY, MARCH 15**

Check-In: 8:30 a.m. Start: 9:00 a.m.  
Location: To Be Announced  
Games will be played in accordance with ACO  
Rules.  
**Late Entry Deadline—3.5.12**  
Director: Scott Geezil (941.681.3743)

#### **BASKETBALL—FRIDAY, MARCH 16**

Check-In: 8:30 a.m. Start: 9:00 a.m.  
Tringali Recreation Center  
3460 N. Access Road, Englewood  
**Free Throw**-Three rounds of ten from free  
throw line. The total of three rounds will  
determine final score. **Spot Field Goal**-Three  
rounds of five shots (one shot from each spot  
per round). Total of rounds will determine final  
score. **Timed Field Goal**-Three rounds of 60  
seconds from five spots on the floor. Total of  
all three rounds will determine final score.  
**Late Entry Deadline—3.5.12**  
Director: - Sharon Ullrich (941.681.3741)

#### **PICKLEBALL**

##### **SINGLES—FRIDAY, MARCH 16**

Women Check-In: 5:30 p.m. Start: 6:00 p.m.  
Men Check-In: 6:30 p.m. Start: 7:00 p.m.

##### **DOUBLES—SATURDAY, MARCH 17**

Men Check-In: 8:00 a.m. Start: 8:30 a.m.  
Women Check-In: 11:30 a.m. Start: 12:00 noon

##### **MIXED DOUBLES—SUN., MARCH 18**

Check-In: 8:00 a.m. Start: 8:30 a.m.  
South County Regional Park  
670 Cooper St, Punta Gorda  
This is a Double Elimination tournament. All  
matches will be conducted in accordance with  
USAPA Rules. PARTNER MUST BE  
NAMED DURING REGISTRATION FOR  
DOUBLES.

##### **Late Entry Deadline—3.9.12**

Directors: Nancy Meyer (419.320.3655)  
Cindy Eddleman (954.309.5882)  
info@pickleballspecialties.com

## Charlotte County Community Services

"Fit for Life" Senior Games

2050 Forrest Nelson Boulevard

Port Charlotte, FL 33952

For further information on the Charlotte County "Fit for Life" Senior Games,  
please call:

941.627.1074 or 941.625.PLAY(7529)

[mike.norton@charlottefl.com](mailto:mike.norton@charlottefl.com)

[www.CharlotteCountyFL.com](http://www.CharlotteCountyFL.com)

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