

NO LIMITS

DEEP WATER AEROBICS



Wednesdays & Fridays

11:00 a.m. to 11:45 a.m.

This ongoing program starts June 2, 2010!

Experience the health benefits
of deep water aerobics!
Classes are held in 9 feet of water,
and students utilize flotation belts
and underwater weights!

Just \$3 per class!

PORT CHARLOTTE BEACH POOL

4500 HARBOR BLVD, PORT CHARLOTTE

941.627.0170

WWW.CHARLOTTECOUNTYFL.COM



A PROGRAM OF CHARLOTTE COUNTY COMMUNITY SERVICES.